

VAMC Saint Louis University Mental Status Examination Form Details

Who Can Complete the Form: Social Services, Reflections/Passages Program Coordinators, Licensed Nurses, MDs, NPs, OTs, PTs, Residence Supervisors and Other Qualified Healthcare Professional who have been trained (and retrained annually) by viewing the VA-produced DVD (available upon request to tumosan@slu.edu).

Purpose of the Form: To screen individuals to look for the presence of cognitive deficits, and to identify changes in cognition over time.

Instructions for Use:

1. Complete resident demographics at the top of the page.
2. We recommend that you put the date and the name of the evaluator on the bottom of the page as well (see #19).
3. Administration should be conducted privately and in the examinee's primary language. Be prepared with the items you need to complete the exam. You will need a watch with a second hand on it.
4. Record the number of years the patient attended school. If the patient obtained an Associates, Bachelor's, Master's or Doctorate degree, note the degree achieved instead of actual years of school attended.
5. Determine if the patient is alert. Do not answer "yes" or "no", but indicate level of alertness. Alert indicates that the individual is fully awake and able to focus. Other descriptors include: drowsy, confused, distractible, inattentive, preoccupied.
6. Begin by asking the patient the following:
"Do you have any trouble with your memory?" "May I ask you some questions about your memory?"
Then proceed with the exam questions.
7. Read the questions aloud clearly and slowly to the examinee. It is not usually necessary to speak loudly but it is necessary to speak slowly.
8. Begin by asking the patient something similar to the following:
"Do you have any trouble with your memory?" "May I ask you some questions about your memory?" "I'd like to see how good your memory is by asking you some questions." You may need to reassure patients by telling them that this is not a test that they can fail but merely a tool much like a thermometer that takes temperature is a tool. What this does is checks for the amount of memory they have.
Then begin to administer the exam questions.
9. Score the questions as indicated on the examination.
10. On question #4, read the statement as listed on the exam. Ask the patient to repeat each of the five objects (Apple, Pen, Tie, House, Car) that you recite to make sure that the patient heard and understood what you said. Repeat them as many times as it takes for the patient to repeat them back to you correctly.

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11. On question #5, make sure the patient is focused on you prior to reciting the information. Obtain an answer for the first part of the question ("How much did you spend") before moving on to part two ("How much do you have left?"). Do not prompt or give hints, but do give ample time to the patient to answer the questions. If the patient asks you to repeat the question you may do so once.
12. Redirect the patient's attention if necessary back to you to answer question #6. Give them one minute to complete the question. Be sure to time them.
13. Continue with the exam questions in the order that they are listed.
14. On question #8, state each number by its individual name. 87 is pronounced eight, seven; 649 is pronounced six, four, nine; 8537 is pronounced eight, five, three, seven.
15. On question #9, either draw a large circle on the back of the examination form or provide the patient with a separate piece of paper with a larger circle printed on it and attach it to the original examination form. When scoring, give full credit for either all 12 numbers or all 12 ticks. If the patient puts only 4 ticks on the circle, prompt them once to put numbers next to those ticks (12, 3, 6, and 9) for full credit. When scoring the correct time, make sure the hour hand is shorter than the minute hand and that the minute hand points at the 10 and the hour hand points at the 11.
16. You may also provide a separate sheet with larger examples of the forms listed on question #10 for those with vision impairment. This sheet should be created by enlarging the figures on the examination form and can also be attached to the original form.
17. Read question #11 as written, and provide ample time to answer each question. Do not repeat the story but do make sure they are paying attention the first time you read it to them. Do not prompt or give hints. The answer of Chicago as the state she lives in gets no credit but you may prompt them once by repeating the question.
18. Score the examination as listed at the bottom of the page, circling the level based on the score.
19. Sign and date the form.
20. Upon Completion of the Form:
 - Record the score in the patient's record and comment on any indicated changes
 - Depending upon office protocols, either put the sheet in the patient's record, place it in a separate identified location, or destroy the worksheet once the score is recorded in the patient record (Specify based on Office Center Policy)
21. Form Status: (Varies by office)

Mandatory for (e.g., patients with diagnoses or indicators of cognitive loss

Mandatory for _____

VAMC SLUMS Examination

Questions about this assessment tool? E-mail aging@slu.edu.

Name _____ Age _____

Is patient alert? _____ Level of education _____

____/1
____/1
____/1

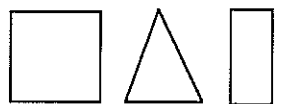
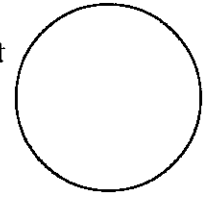
____/3
____/3
____/5

____/2

____/4
____/2

____/8

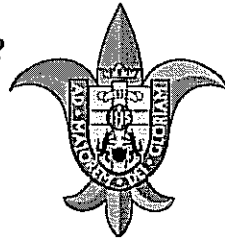
- ① 1. What day of the week is it?
- ① 2. What is the year?
- ① 3. What state are we in?
4. Please remember these five objects. I will ask you what they are later.
Apple Pen Tie House Car
5. You have \$100 and you go to the store and buy a dozen apples for \$3 and a tricycle for \$20.
- ① How much did you spend?
- ② How much do you have left?
6. Please name as many animals as you can in one minute.
① 0-4 animals ② 5-9 animals ③ 10-14 animals ④ 15+ animals
7. What were the five objects I asked you to remember? 1 point for each one correct.
8. I am going to give you a series of numbers and I would like you to give them to me backwards.
For example, if I say 42, you would say 24.
- ① 87 ② 649 ③ 8537
9. This is a clock face. Please put in the hour markers and the time at ten minutes to eleven o'clock.
- ② Hour markers okay
- ② Time correct
- ① 10. Please place an X in the triangle.
- ① Which of the above figures is largest?
11. I am going to tell you a story. Please listen carefully because afterwards, I'm going to ask you some questions about it.
Jill was a very successful stockbroker. She made a lot of money on the stock market. She then met Jack, a devastatingly handsome man. She married him and had three children. They lived in Chicago. She then stopped work and stayed at home to bring up her children. When they were teenagers, she went back to work. She and Jack lived happily ever after.
- ② What was the female's name?
- ② When did she go back to work?
- ② What work did she do?
- ② What state did she live in?



TOTAL SCORE _____



Department of
Veterans Affairs



SAINT LOUIS
UNIVERSITY



SCORING

HIGH SCHOOL EDUCATION

27-30

21-26

1-20

Normal

MNCD*

Dementia

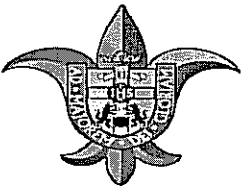
LESS THAN HIGH SCHOOL EDUCATION

25-30

20-24

1-19

* Mild Neurocognitive Disorder



SAINT LOUIS UNIVERSITY



Department of Veterans Affairs

VAMC SLUMS Examination

Name: _____ ID: _____ Age: _____

Educ: _____ Alert? _____ Date Given: _____

___/1 ① 1. Qué día de la semana es hoy? _____

___/1 ① 2. En qué año estamos? _____

___/1 ① 3. En qué estado estamos? _____

4. Por favor, recuerde los cinco objetos que le voy a nombrar. Mas tarde, le preguntaré nuevamente por ellos.

Manzana Lapiz Corbata Perro Casa

___/3 5. Usted tiene ciento dolares, y en la tienda compra una docena de manzanas por tres dolares y una bicicleta por veinte dolares.

① Cuánto dinero gastó? _____

② Cuánto dinero le queda? _____

___/3 6. Por favor en un minuto nombre todos los animales que pueda.

① 0-4 animals ② 5-9 animals ③ 10-14 animals ④ 15+ animals

___/5 7. Cuáles fueron los 5 objetos que le dije que recordara?

Manzana Lapiz Corbata Perro Casa

___/2 8. Voy a decirle una serie de números. Me gustaría que usted me los dijera al revés. Por ejemplo, si yo digo 42, usted debe decir 24.

① 87

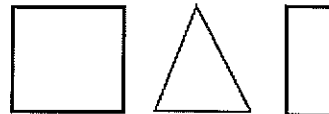
② 649

③ 8537

___/4 9. Este círculo representa un reloj. Por favor escriba los números de las horas y las manecillas señalando las once menos diez.

① Hour markers correct?

② Time correct?



___/2 ① 10a. Por favor, señale el triángulo con una equis.

① 10b.Cuál de estas figuras es la mas grande?

___/8 11. Voy a contarle una historia. Por favor, escuche cuidadosamente, porque al terminar le voy a hacer unas preguntas sobre esta historia.

María era una abogada muy exitosa y ganaba mucho dinero en la compañía donde trabajaba. Ella conoció a Carlos, un hombre muy apuesto, y, al cabo del tiempo, se casaron, tuvieron 3 hijos y vivían en Chicago. Ella dejo de trabajar para criar a sus hijos, y cuando estos fueron adolescentes ella volvió al trabajo. Ella y Carlos vivieron felices por siempre.

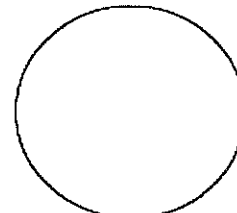
② Cuál era el nombre de la mujer?

② Cuando volvió a trabaja?

② Que profesión tenía ella?

② En que estado vivía?

_____ Total Score



HS Educ

27 - 30

21 - 26

1 - 20

Normal

MNCD

Dementia

No HS Educ

25 - 30

20 - 24

1 - 19